

Fitness for Kids Challenge Website

Registration Instructions

- Type in the following URL into your Chrome or Foxfire browser: <u>www.fitnessforkidschallenge.com</u> (please note: if you are using <u>Internet Explorer</u>, this website is not compatible with Internet Explorer 8 or below).
- 2. Click on the "Register" button in the upper right hand corner.



3. Fill in the following information on the "Teacher Registration" sheet and click "Sign Up":

Contact Inforr	nation
r lease enter your conta	
School	
Title	V
First Name	
Last Name	
Job Title	
Address	
City	
State	Choose State v
ZIP Code	
Office Phone	
Ext.	
Mobile Phone	
Account Acce	2SS
Please specify your pre	ferred online account email and password. Your email will be set to your account username automatic
Email	
Confirm Email	
Username	
To complete your online	e account access request, enter the security code and click 'sign up' .
	Security Code
	BPHW
	Type Code Above Into This Box

4. If you see the "Registration Completed" message (see below) then you have successfully registered! Please check your email for further instructions.

HOME	ABOUT	TEACHERS	PARENTS	KIDS' CORNER	EVENTS	CONTACT US	
for J	ALTH FOUNDATION'S ness (ids hallenge				Teachers, click	here to login or registr GISTER facebo	er Iok 🍏
Regist	ration Co	ompleted					
Congra You have su first time you	tulations!	d your new user acco our password and sec	unt. <u>You will recei</u> cret answer. This st	ve an E-Mail with login in iep is required to confirm y	n <u>structions.</u> Ple: rour email account	ase follow these instruct	ions the

5. You will receive an email that looks like the email below in your inbox. Click on the hyperlink in your email.

Dear Test,

An account with this email address (foundation@independenthealth.com) has been created!

Please follow the directions below to login and set your password.

- 1. Click or Cut & Paste this link into your browser... Login At: <u>http://www.fitnessforkidschallenge.com/force-login</u>
- 2. When prompted for your username you enter... Username: <u>foundation@independenthealth.com</u>
- 3. The following password has been setup for you (you may change it when logging in)... Password: 01nhUY
- 4. When prompted to change your password enter any combination of letters and numbers. This new password must be at least six (6) characters long.
- 5. You must then choose a secret question and enter your answer for that. This will be used to help reset your password in case it is forgotten later.

Upon successful completion of those steps, you will be brought to your starting page and you may begin using the tools available to you.

Thank You,

Account Manager http://www.fitnessforkidschallenge.com 6. When you come upon the screen below you have been officially registered for the Fitness for Kids Challenge! In the "Display Name" column enter in what you would like your classroom to be called, ex: "Mr. Smith's 2nd Grade" or "Mr. Smith." in the "Classroom Number" section write in your classroom number at your school. Enter in the first and last name of all of your students in the next 35 boxes (their information will not be distributed and will not be seen by anyone except for the program coordinator, it is only used to track participation throughout the year.)

F fe	itness Pr Kids Challenge		Welcome!	DASHBOARD	LOGOUT	facebook	*
Yo	ur Classroom Ir	nformation					
Ak	ron Central School Distri	ct				Back to Dashbo)ard >
Ple adn Dis	ase enter your current classroo ninistrator. .play Name	om Information. Please review carefu	lly before submit	ting as any updates t	o this will requi	re contacting an	
Cla	ssroom Number						
1.	First Name	Last Name					
2.	First Name	Last Name					
3.	First Name	Last Name					
4.	First Name	Last Name					
5.	First Name	Last Name					
6.	First Name	Last Name					
7.	First Name	Last Name					
8.	First Name	Last Name					
9.	First Name	Last Name					
10.	First Name	Last Name					

7. When you have successfully completed "Your Classroom Information" you will be brought to the screen below. In this screen you will see all of the challenges for the year. Each month you will log in to the website and click "Yes" or "No" for each of your students to mark if they did the Challenge. You will only be able to enter in this data one time. If you make a mistake please email anna.jaremko@independenthealth.com for help.

For Kids Challenge		Welcome!	DASHBOARD	LOGOUT	facebook 🎐
Fitness Challen	ges				
					Back to Dashboard >
	CHALLENGE			SCORE	
February	5210 Trackerl		Submit F	Progress Report 🔉	
March	2 hours or less of screen time a day! Submit Progress Repo		Progress Report 🔰		
April	1 hour of physical activity a day! Submit Progress Report		Progress Report 🚺		
Мау	0 sugary drinks a day!		Submit Progress Report >		
October	Play 60 Challenge!		Submit Progress Report 🔉		
November	5 servings of fruits and vegetables a day	1		Submit F	Progress Report D

8. Every time you log into <u>www.fitnessforkidschallenge.com</u> after the registration process you will see the screen below:



9. To enter in your participation for a Challenge click on the "Challenges" section and you will see the screen below. Click on "Submit Progress Report" to enter in your classroom's participation for the month. Note: You will only be able to enter in this data one time for each of the months. If you make a mistake please email <u>anna.jaremko@independenthealth.com</u> for help.

Fitness for Kids Challen	ors 5 ge	Welcomel	DASHBOARD	LOGOUT	facebook 🈏
Fitness Chall	enges				
					Back to Dashboard >
MONTH 🛗	CHALLENGE			SCORE	:
February	5210 Tracker!	5210 Trackerl		Submit Progress Report 🔉	
March	2 hours or less of screen time a day!	2 hours or less of screen time a day!		Submit Progress Report 🔉	
April	1 hour of physical activity a day!	1 hour of physical activity a day!		Submit Progress Report >	
Мау	0 sugary drinks a day!	0 sugary drinks a day!		Submit Progress Report >	
October	Play 60 Challenge!	Play 60 Challenge!		Submit Progress Report >	
November	5 servings of fruits and vegetables a day	5 servings of fruits and vegetables a day!			Progress Report >

10. When you click on a Challenge, the screen below (image A) is what will pop up. Check "Yes" or "No" for each of your students. "Yes" means that the student completed and turned in the Challenge for the month and "No" means that the student did not complete and turn in the Challenge for the month. Click "Submit" when you have entered a response for each student. You will then be taken back to the home "Challenges" screen and you will see your participation rate for that Challenge, see image B below.

Fitness	Welcomet DASHBOARD LOCOUT facebook
for Kids	
Submit Challenge Reno	rt
ousini onunongo kopo	Back to Dashboard
Please submit your challenge report for the cur	rent challenge by filling out and submitting the form below.
November - 5 servings of frui	ts and vegetables a day!
You can only submit this once!	
Mariah D	
YES NO	
Shelly RE	
YESO NOO	
YES NO	
Billy F	
YES NO	
Dan J	
YES NO	
Laura K	
April G	
YES NO	
Jen M	
YES NO	
Kelsi M	
Rin D	
YES NO	
Laural K	
YES NO	
Eric D	
YES	
Abby G	
Chris K	
YESONO	
Faith D	
YES NO	
Amnah L	
SUBMIT	

Β.

Fitness Challenges

Α.

		Back to Dashboard >
Month 🛗	CHALLENGE	SCORE
February	5210 Tracker!	Submit Progress Report 🔀
March	2 hours or less of screen time a day!	Submit Progress Report 🦻
April	1 hour of physical activity a day!	Submit Progress Report 🦻
May	0 sugary drinks a day!	Submit Progress Report 🦻
October	Play 60 Challenge!	100%
November	5 servings of fruits and vegetables a day!	Submit Progress Report 🦻