









HEIGHT: 5'8"

WEIGHT: 173 LBS

EXPERIENCE: 6 YEARS

COLLEGE: GEORGIA

FAVORITE ATHLETE GROWING UP:

STEVE SMITH SR

FAVORITE HEALTHY SNACK:

FRUIT FILLED BREAKFAST BARS

DELEGE: GEURGIA



ISAIAH'S FITNESS FOR KIDS TIP

30 OUTSIDE EVERYDAY AND PLAY WITH YOUR FRIENDS AND FAMILY!