



# PLAY 60 CHALLENGE ACTIVITY SHEET

THE BUFFALO BILLS ARE CHALLENGING YOU TO BE ACTIVE FOR 60 MINUTES EACH DAY! USE THIS SHEET TO MARK EACH DAY THAT YOU PLAY FOR 60 MINUTES OR MORE FOR THE NEXT FOUR WEEKS. FILL IN YOUR SHEET EACH DAY AND TURN IT IN TO YOUR TEACHER EVERY FRIDAY IN OCTOBER FOR A SPECIAL PRIZE!

NAME \_\_\_\_\_

SCHOOL \_\_\_\_\_

GRADE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_

*(Please sign when your child has completed the challenge)*





1 I PLAYED 60 MINUTES TODAY!	2 I PLAYED 60 MINUTES TODAY!	3 I PLAYED 60 MINUTES TODAY!	4 I PLAYED 60 MINUTES TODAY!	5 I PLAYED 60 MINUTES TODAY!	6 I PLAYED 60 MINUTES TODAY!	7 I PLAYED 60 MINUTES TODAY!
8 I PLAYED 60 MINUTES TODAY!	9 I PLAYED 60 MINUTES TODAY!	10 I PLAYED 60 MINUTES TODAY!	11 I PLAYED 60 MINUTES TODAY!	12 I PLAYED 60 MINUTES TODAY!	13 I PLAYED 60 MINUTES TODAY!	14 I PLAYED 60 MINUTES TODAY!
15 I PLAYED 60 MINUTES TODAY!	16 I PLAYED 60 MINUTES TODAY!	17 I PLAYED 60 MINUTES TODAY!	18 I PLAYED 60 MINUTES TODAY!	19 I PLAYED 60 MINUTES TODAY!	20 I PLAYED 60 MINUTES TODAY!	21 I PLAYED 60 MINUTES TODAY!
22 I PLAYED 60 MINUTES TODAY!	23 I PLAYED 60 MINUTES TODAY!	24 I PLAYED 60 MINUTES TODAY!	25 I PLAYED 60 MINUTES TODAY!	26 I PLAYED 60 MINUTES TODAY!	27 I PLAYED 60 MINUTES TODAY!	28 I PLAYED 60 MINUTES TODAY!