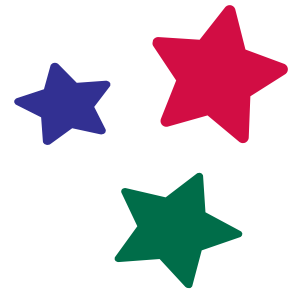


AN INDEPENDENT HEALTH FOUNDATION PROGRAM



### Healthy Policy/Change Tracker

The Challenge for December/January is to create a healthy policy or change for your classroom, or school. This can include anything that incorporates a long term health/wellness change into your classroom or school.

Please fill in this tracker and mail or email back by February 4<sup>th</sup>, 2019 (to be eligible for all prizes). If you have any questions, please feel free to call the Independent Health Foundation at (716) 635-4959.

School Name: \_\_\_\_\_

Teacher Name: \_\_\_\_\_

Note: If you do a full school healthy policy/change please write "all teachers" in the teacher name section

Tell us what healthy change you implemented in your school or classroom:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Effective date of policy change: \_\_\_\_\_

Number of students who participated/reached: \_\_\_\_\_



Please complete this form and mail to the address below or email to [Foundation@IndependentHealth.com](mailto:Foundation@IndependentHealth.com)

Independent Health Foundation  
511 Farber Lakes Drive  
Buffalo, NY 14221

Please email or mail your completed form by February 4<sup>th</sup>, 2019 in order to be eligible for all prizes.

