

Independent Health Foundation's Scavenger Hunt

Use your Zoo map to find the special displays and answer the questions below. Drop it off at the Zootique Gift Shop for the chance to win great monthly prizes!

GET STARTED!

1. Visit the Elephants: Kids who drink soda and other sugary drinks every day are more likely to be overweight. Elephants drink gallons of something every day to stay healthy.

What is it? _____

2. Visit the Rocky Mountain Bighorn Sheep: Kids need at least an hour of physical activity every day to stay fit. So do Rocky Mountain Bighorn Sheep!

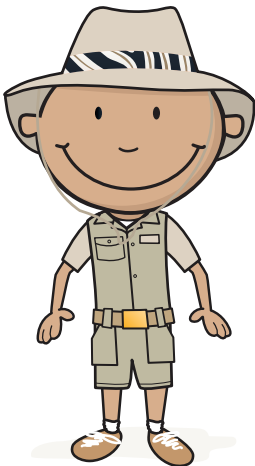
What do they do for exercise? _____

3. Visit the Gorillas: When kids stay at a healthy weight, it's easy to be fit and active. Gorillas also need to stay at a healthy weight to stay active.

How much does a healthy young gorilla weigh? _____

4. Visit the Rhinoceros: Kids should eat five fruits and vegetables every day. Rhinoceroses eat healthy, too!

What foods do they eat to stay healthy? _____



FINISHED?

Congratulations! You found all the answers, and you also got some great exercise. In fact, **you walked 1,145 steps on the scavenger hunt!** Try to walk **10,000 steps a day to keep your body strong and healthy, inside and out.**

MORE ON BACK →

To be entered in our monthly prize drawings, fill this out and drop it off in the Independent Health Foundation drop box located in the Zootique Gift Shop.*

PLEASE FILL IN YOUR CONTACT INFORMATION.

Winners will be notified by phone or e-mail.

Your Name: _____ Age: _____

If under 18, Parent/Guardian Name: _____

Address: _____

Phone number: _____

E-mail address: _____



SAY CHEESE!

Take a picture with each of the displays you find. E-mail your photos to foundation@independenthealth.com. We'll post the best pictures on our Facebook page and website.



Like Independent Health Foundation

* For complete rules, visit www.independenthealth.com/FFKC or pick up a copy at the Zoo's main entrance. Winners will be notified, and you do not have to be present to win.

